Career development students are not limited to any specific number of courses in which they may enroll. However, should a career development student decide to formally pursue a degree, diploma, or certificate in a specific program, then the student must meet the admissions requirements for that particular program of study. Admissions requirements can be met by having demonstrated proficiency by earning a grade of "C" or better in designated core courses and general education courses which constitute a part of the program, by taking the College's placement test; and, if necessary, by taking appropriate diagnostic tests.

As a rule, the Admissions and Records Office will refer career development students to the Counseling Center for advisement. Career development students must, in the opinion of their counselor, be able to benefit from instruction in a course in order to be permitted to enroll. Career development students are not exempt from possessing knowledge or skills specified as prerequisite for entry into a course. Career development students are also required to comply with the applicable standards of progress as set forth by Aiken Technical College policy 4-5-101.